

# TRE

RELEASE  
REBALANCE  
RENEW



## MODULE 1 IMMERSION

with *Dr. David Berceli*  
(OPEN TO THE PUBLIC)

### WHEN:

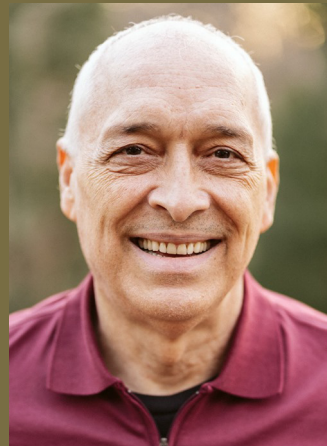
9:30 AM TO 5 PM EACH DAY

Module 1  
Apr 24-26, 2020

Module 2  
*open to those in the  
certification program*  
Jul 24-26, 2020

### WHERE:

Sheraton Hotel  
706 John Nolan Drive  
Madison, WI 53713  
[Book @ Group Rate](#)



David Berceli, Ph.D. is an international expert in the areas of trauma intervention and conflict resolution. He is the creator of Tension & Trauma Releasing Exercises (TRE®). This revolutionary technique is designed to help release the deep tension created in the body during a traumatic experience or through chronic stress. He is also the energetic and creative founder and CEO of Trauma Recovery Services.

### LEARNING OBJECTIVES

Participants will:

- Learn the TRE® exercises and the body's tremor mechanism
- Study neurology, anatomy and physiology of stress and trauma as they relate to TRE®
- Understand defense reactions of containment and grounding strategies as they relate to TRE®
- Examine basic TRE® skills while working with individuals and groups

### COST:

\$550.00\*/MODULE  
*\*early bird pricing*

\$600.00\*/MODULE  
*\*after Mar 24- Module 1  
\*after Jun 24- Module 2*

register at [www.naturalstressrelease.com](http://www.naturalstressrelease.com)  
for info email [jacy@naturalstressrelease.com](mailto:jacy@naturalstressrelease.com) or call 970-948-5154  
for more information about TRE® and Dr. David Berceli [www.treforall.org](http://www.treforall.org)