

# TRE<sup>®</sup> WITH KIDS

SEPTEMBER 11<sup>TH</sup> 2017 - 9:00-4:00

\$200 EARLY BIRD PRICING TIL AUGUST 11<sup>TH</sup>

\$225 AFTER AUGUST 11<sup>TH</sup>

RADISSON HOTEL 517 GRANDE CANYON DR. MADISON, WI

SAVE 10%  
OFF TOTAL PRICE  
IF COMBINED WITH  
ONE OF DR. BERCEL'S  
WORKSHOPS

In this one-day workshop, Sheila Frick will share her work over the past five years of incorporating TRE<sup>®</sup> into her work with children with Sensory Processing Disorders, as well as Developmental Trauma.

- Observe the TRE<sup>®</sup> process through the developmental lens, and the underlying neurological defense mechanisms of fight, flight, freeze and discharge.
- Learn how to safely activate the tremor mechanism using play-based games through video case examples and active group work,
- Explore key concepts of playful engagement and attunement, which both underlie co-regulation, support embodiment of safety, and one's ability to stay present and grounded in the "here and now".

## ABOUT SHEILA

Sheila Frick, OTR/L is a Pediatric Occupational Therapist who has worked with children and adults with Sensory Processing Disorders, anxiety, learning and behavioral challenges for the past 36 years. She was introduced to TRE<sup>®</sup> five years ago and has incorporated it into her practice, along with other sensorimotor strategies for self-regulation. She lectures worldwide on topics related to sensorimotor development, sensory modulation, and self-regulation. She continues to explore and expand this work in her private practice in Madison, Wisconsin.



Register at [www.naturalstressrelease.com](http://www.naturalstressrelease.com)

Questions? Contact Jacy Sundlie 970-948-5154 or [jacy@naturalstressrelease.com](mailto:jacy@naturalstressrelease.com)