

TRE

RELEASE
REBALANCE
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TRE® for Kids and the Kid in All of Us (OPEN TO THE PUBLIC)

TRE® can be a valuable treatment when working with children who experience stress and developmental trauma. While the principles of TRE® remain consistent, the individual approach can look quite different. In order to successfully implement TRE® with children, providers need to gain a depth of understanding of when, why, and how to alter the protocol to keep children safe and regulated when releasing defensive patterning. Participants will explore the development of the neurobiological aspects of the tremor mechanism, self-regulation (arousal and affect regulation), and the innate play action systems. Come ready to release stress through playful interactions.

WHEN:

10:00 AM TO 5 PM CST

Sept 24, 2020

WHERE:

ONLINE
via ZOOM

COST:

\$200



Sheila M. Frick; OTR/L, is the originator of Vital Links and Therapeutic Listening®. With 40 years of clinical experience, Sheila will present her expertise on using TRE® to treat children who struggle with histories of disorders of extreme stress and trauma. Sheila is a highly regarded occupational therapist who sees clients in her own clinical practice in Madison, WI. Additionally, Sheila lectures and mentors clinicians world-wide in a variety of sensorimotor

interventions. Sheila brings a passion for practical, treatment-oriented therapy strategies to her teaching, which extends beyond Therapeutic Listening® to approaches supporting the whole body. The blending of art, science, theory and practice is what drives Sheila on her path to offering the highest quality education and clinical support to committed practitioners around the world.

Also: **Dr. David Berceli TRE® Advanced Training**..... Sept 19-21, 2020
Dr. David Berceli Module 1 Immersion..... Sept 25-27, 2020

register at www.naturalstressrelease.com
for info email jacy@naturalstressrelease.com or call **970-948-5154**
for more information about TRE® and Dr. David Berceli www.treforall.org